

The Healing Relationship: Informed Intuition with Nischala Joy Devi

March 10 & 11, 2012 1 - 7:30pm

Recognizing the difference between intellectual knowledge and a deeper experiential understanding of the tools of yoga, Nischala Devi will devote this weekend to focusing on the primary importance of the healing relationship and that most essential ingredient – human connection. Through lecture, practice, discussion and role-playing you will learn to cultivate full presence, develop strong communication and counseling skills, learn yoga methods and techniques to enhance the individual client's mind-body consciousness and increase awareness of your own deeper wisdom. This weekend will help you develop, inform and refine your intuitive skills to support healing on a deeper level.



NISCHALA JOY DEVI is a masterful and compassionate teacher and healer. For over 30 years she has been highly respected and loved as an International speaker and presenter for her innovative way of expressing Yoga and it's subtle uses for spiritual growth and complete healing. She was a monastic student of the world renowned Yogiraj Sri Swami Satchidananda and spent over 18 years receiving his direct guidance and teachings. During her time as a monk, she began to blend western medicine with yoga and meditation. She then offered her expertise in developing the yoga portion of The Dean Ornish Program for Reversing Heart Disease where she subsequently served for seven years as Director of Stress Management. She also co-founded the award-winning Commonweal Cancer Help Program.

Investment:

- \$125 pre-registered for Saturday only
- \$235 pre-registered for both Saturday & Sunday
- \$150 drop-in/day of; For drop-in you must attend in consecutive order, as the session content builds each day.

**To register visit
www.YogaOceanside.com
Or call 760.722.YOGA (9642)**



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